

London Borough of Newham

**BECKTON &  
ROYAL DOCKS**

COMMUNITY NEIGHBOURHOOD

London Borough of Newham

**CUSTOM HOUSE &  
CANNING TOWN**

COMMUNITY NEIGHBOURHOOD

# Diabetes Support Groups

Get friendly advice from healthcare professionals and tips on leading a healthy lifestyle to help you manage diabetes or reduce your risk of developing the condition.

**Custom House and Canning Town  
Community Neighbourhood Centre**  
18 Rathbone Market, Barking Road, E16 1EH

**Beckton Globe Library**  
1 Kingsford Way, E6 5JQ

**2017**

Thursday 2 November, 5.30-7pm

**Beckton Globe Library**

Thursday 7 December, 5.30-7pm

**Custom House and Canning Town  
Community Neighbourhood Centre**

**2018**

Thursday 1 February, 5.30-7pm

**Beckton Globe Library**

Thursday 1 March, 5.30-7pm

**Custom House and Canning Town Community  
Neighbourhood Centre**

For more information contact

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