

Addictions Support Directory

The Healthwatch Newham guide to local addictions support services.

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This guide has been produced by Healthwatch Newham, as part of its free information service.

Get more online  www.healthwatchnewham.co.uk/onlinedirectory/ or call  020 3866 2969.

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| <p>Drinkline</p> <p>Profile: Drinkline is a national alcohol helpline providing counselling, support, advice and information. Available 24 hours a day, seven days a week.</p> | <p>Alcohol</p> <p>0800 917 8282</p> |
| <p>Easy Read Guides on Alcohol</p> <p>Profile: Easy Read Guides on Alcohol.</p> | <p>Alcohol</p> <p>http://www.easyhealth.org.uk/listing/alcohol-(leaflets)</p> |
| <p>Newham Community Drug & Alcohol Team</p> <p>Capton House Romford Road London E15 4LD</p> <p>Profile: A carer's support groups meets every Monday 5.30pm - 7.30pm. Couple, family and individual counselling.</p> | <p>Alcohol & Drugs</p> <p>020 8257 3068</p> |
| <p>FRANK Campaign Helpline</p> <p>Profile: The helpline provides information and advice about drugs and information on local services. The service can take calls in over 120 languages.</p> <p>Available 365 days a year, 24 hours a day.</p> | <p>Drugs</p> <p>0800 776600</p> |
| <p>Easy Read Guides on Smoking</p> <p>Profile: Easy Read Guides on Smoking.</p> | <p>Smoking</p> <p>http://www.easyhealth.org.uk/listing/smoking-(leaflets)</p> |

Newham Rise- Drug and Alcohol Service

Newham Rise
3 Beckton Road
Canning Town
E16 4DE

Alcohol & Drugs

0800 652 3879
Newham.referrals@cgl.org.uk
www.changegrowlive.org

Newham Stop Smoking Service

Smoking

0800 013 1673 or 020 3373 6630
stopsmokingteam@newham.gov.uk
<http://www.newham.gov.uk/Pages/Services/Smoking.aspx>

Profile:

Our stop smoking service provides free support and advice locally to all smokers living, working, studying or socialising in Newham. It has helped many thousands of people quit the habit.

Did you find what you wanted?

If you didn't find what you were looking for, phone the hotline or send an email.
Either way, we will do our best to help you get that result.

 020 3866 2969

 info@healthwatchnewham.co.uk

Disclaimer:

We endeavour to provide information that is accurate and up-to-date, however this cannot be guaranteed.
In order to assist us, please report any errors.

