

## Carers Services Directory

The Healthwatch Newham guide to local carers services.

Issue Date: 23 March 2016



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This guide has been produced by Healthwatch Newham, as part of its free information service.

Get more online  [www.healthwatchnewham.co.uk/onlinedirectory/](http://www.healthwatchnewham.co.uk/onlinedirectory/) or call  020 3866 2969.

## Care Compass

Carers

[www.carecompass.org.uk](http://www.carecompass.org.uk)

### Profile:

Care Compass is a community for all of us facing a life-limiting condition or illness, our family, friends and the professionals supporting us. Find out about events, get information on services, and read the stories of others.

## Carers' Health Programme

Carers

Stratford Advice Arcade  
107-109 The Grove  
London  
E15 1HP

020 8519 0800  
info@newhamcarers.org.uk  
<http://www.renewalprogramme.org.uk/newham-carers-network.html>

### Profile:

A Carers Health Support Service funded by Lottery which provides help and support to carers on any aspect of their health and access to relevant healthcare when they have problems doing so.

## Carers Trust

Carers

0844 800 4361  
[www.carers.org](http://www.carers.org)

### Profile:

Our vision is a world where the role and contribution of unpaid carers is recognised and they have access to the quality support and services they need to live their own lives.

## Family Action Young Carers Service

Carers

1 London Road  
London  
E13 9EE

020 8470 7782  
Ann-marie.fletcher@family-action.org.uk

**Newham African Caribbean Carers Forum****Carers**

Stratford Advice Arcade  
The Grove  
London  
E15 1HP

020 8514 0193

**Profile:**

Meets second Tuesday of every month 11.30am - 1.30pm.

**Newham Befriending Service****Carers****Profile:**

Are you caring for someone who is ill? Are you finding it hard to cope? Do you need a break? Drop in for tea, coffee and a friendly chat with other carers.

07944178591

s.burnard@stjh.org.uk

**Newham Carers Network****Carers**

High Street North  
Manor Park  
395 High Street North  
London  
E12 6PG

020 8519 0800

info@newhamcarers.org.uk

newhamcarers.org.uk

**Profile:**

Part of the Renewal Programme, set up in 2000 to support carers in the London Borough of Newham.

**Parent Support Group (Learning Disabilities)****Carers**

New Avenues (Dome Room)  
Barking Road  
London  
E13 8EQ

07960 670 994

**Profile:**

Meets last Tuesday of every month 11.30am - 2.30 pm.

### **Sen Support Group**

**Carers**

Altmore Children's Centre (Altmore Infants School)  
Soft Play Area  
Altmore Avenue  
London  
E6 2BX

020 8552 6604

**Profile:**

For parents and their children with SEN. Meets every Monday 10.00am - 11.30am with Janine Lock, Family Worker. You must book.

### **The Shrewsbury Carers**

**Carers**

Passmoore Edwards Building  
Shrewsbury Road  
London  
E7 8QR

020 8475 8018 or 07909 897 363

**Profile:**

The Shrewsbury Carers meet first Tuesday of every month, 6.00pm - 7.30pm.

### **The Stratford Carers**

**Carers**

Passmoore Edwards Building  
Shrewsbury Road  
London  
E7 8QR

020 8475 8018 or 07909 897 363

**Profile:**

The Stratford Carers meet 3rd Thursday of every month, 5.30pm - 7.30pm.

## Did you find what you wanted?

If you didn't find what you were looking for, phone the hotline or send an email.  
Either way, we will do our best to help you get that result.

 020 3866 2969

 [info@healthwatchnewham.co.uk](mailto:info@healthwatchnewham.co.uk)

### Disclaimer:

We endeavour to provide information that is accurate and up-to-date, however this cannot be guaranteed.  
In order to assist us, please report any errors.

