

Community Groups Directory

The Healthwatch Newham guide to local community groups.

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This guide has been produced by Healthwatch Newham, as part of its **free** information service.

Get more online  www.healthwatchnewham.co.uk/onlinedirectory/ or call  020 ' , ** ' & * - .

Art for Fun

St Marks Community Centre
218 Tollgate Road
London
E6 5YA

Community Group

Super.Hooper1@btopenworld.com
<http://suehooper.co.uk>

Profile:

The group works with the elderly, lonely, those with disabilities and the isolated to encourage those that rarely get the chance to socially interact with others.

Aston Mansfield Community Involvement Unit

Earlham Grove
London
E7 9AB

Community Group

020 8519 2244
anne.crisp@aston-mansfield.org.uk
www.aston-mansfield.org.uk/what-we-do/community-involvement-unit/

Profile:

Our Community Involvement Unit (CIU) is a team of specialists providing quality advice and information aimed at supporting and strengthening voluntary and community groups, working with almost 150 groups across East London each year.

Aston-Mansfield, Durning Hall

Earlham Grove
London
E7 9AB

Community Group

Caroline.Rouse@Aston-Mansfield.org.uk
www.aston-mansfield.org.uk

Profile:

The charity plays a key role in tackling poverty, deprivation, disadvantage and powerlessness by providing cultural, sports, recreational and educational services which support aims of lifelong learning, community development and healthy living.

Community Links

105 Barking Road
London
E16 4HQ

Community Group

020 7473 2270
www.community-links.org

Profile:

Community Links is an innovative east London charity working with 16,000 people each year.

<p>East London Wellbeing Hub CIC</p> <p>107-109 The Grove London E15 1HP</p> <p>Profile: This is a collective of therapists and service providers running wellbeing health related events for the borough of Newham and across East London.</p>	<p>Community Group</p> <p>020 7097 1707 elwh2012@gmail.com www.elwhcic.com</p>
<p>Fair and Share</p> <p>Katherine Road Community Centre 254 Katherine Road London E7 8PN</p> <p>Fair & Share provides activities for local Asian women and their families, with a focus on reducing health inequalities.</p>	<p>Community Group</p> <p>020 8470 6481 info@fairandshare.org www.fairandshare.org</p>
<p>Hartley Centre and Bonny Downs Partnership</p> <p>Bobby Moore Sports Pavilion Flanders Playing Field 118 Napier Road London E6 2SG</p> <p>Profile:</p> <p>Our Elders Project provides social/physical/educational activities, health promotion events and advocacy service to help Over 50s live well for longer.</p> <p>Our Children and Families Project are about to launch an affordable exercise class after the school run to encourage more mums to get active and they also run a summer playscheme for 200 children in order to encourage them to take part in sports activities rather than sitting indoors playing games consoles.</p> <p>Our Food Project provides opportunities for local volunteers to grow their own fruits, veg and herbs. They encourage healthier lifestyles through educating people about the benefits of balanced diets, teach healthy cookery skills and encourage outdoor exercise through gardening.</p> <p>Our Sports Project is about to expand significantly so soon we will be offering an even bigger range of affordable sports activities for the community.</p>	<p>Community Group</p> <p>020 8586 7070</p>

Iroko Theatre Company**Community Group**

020 8522 1950

info@irokotheatre.org.uk

<http://www.irokotheatre.org.uk/index.php>**Profile:**

IROKO Theatre Company use the arts and in particular but not exclusively African arts to advance the education, health and wellbeing of people from all backgrounds and nationalities (including the disadvantaged), so that they can achieve their full potential, play an active role in their community and have an improved quality of life. To achieve this, we provide resources and hold training, exhibitions, workshops and performances in African theatre, arts & crafts.

Newham Chinese Association**Community Group**

Beckton Community Centre
14 Manor Way
London
E6 5NG

newham2002@hotmail.com

Profile:

The charity runs a regular lunch club and a range of physical, mental and social activities for the over 50s.

Newham New Deal Partnership**Community Group**

1 Comyns Close
London
E16 4JJ

020 3150 0080

Profile:

Newham NDP is a dynamic young charity established to work with the communities of Newham with the ambition to impact across East London.

Renewal Refugee and Migrant Programme**Community Group**

66b Sebert Road
London
E7 0NJ

020 8221 4420

info@renewalprogramme.org.uk

Shpresa Albanian Community

Mansfield House
30 Avenons Road
London
E13 8HT

Community Group

info@shpresaprogramme.com
www.shpresaprogramme.com

Profile:

Shpresa programme is an active user-led organisation that advances the education and training of the Albanian speaking people in the UK so as to enable them to take full and active roles in their communities.

The London Tamil Sangam

369 High Street North
London
E12 6PG

Community Group

020 8471 7672
srilekha.set@gmail.com
www.LTSUK.org

Profile:

The aim of the organisation is to create opportunities for individuals and families.

The Well Centre

49 Vicarage Lane
London
E6 6DQ

Community Group

Diana.laing-wills@bonnydowns.org
www.bonnydowns.org

Profile:

Bonny Downs Community Association supports a range of activities and events to promote wellbeing and healthy living.

Together! 2012

90a Tudor Road
London
E6 1DR

Community Group

07973 252751
info@together2012.org.uk
www.together2012.org.uk

West Ham United Community Trust

Tate & Lyle Sugars
Factory Road
London
E16 2EW

Profile:

Delivering a number of programmes, the Trust is committed to social inclusion and supporting the needs of the local community.

Community Group

tmckay@westhamunited.co.uk
<http://www.community.whufc.com/>

NuSho

NUSHOHUBSPACE
First Floor
15-16 Stratford Centre
London
E15 1XA

Profile:

NUSHO is a not-for-profit organisation that helps communities by setting up and supporting Time banks in GP practices, schools and other settings.

Time Bank

020 8555 1007
info@nusho.org
<http://nusho.org/>

Did you find what you wanted?

If you didn't find what you were looking for, phone the hotline or send an email.
Either way, we will do our best to help you get that result.

 020 3866 2969

 info@healthwatchnewham.co.uk

Disclaimer:

We endeavour to provide information that is accurate and up-to-date, however this cannot be guaranteed.
In order to assist us, please report any errors.

