

## Family Services Directory

The Healthwatch Newham guide to local family services.

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This guide has been produced by Healthwatch Newham, as part of its free information service.

Get more online  [www.healthwatchnewham.co.uk/onlinedirectory/](http://www.healthwatchnewham.co.uk/onlinedirectory/) or call  020 3866 2969.

**Barefoot Institute**

4th Floor  
46 Goodge Street  
London  
W1T 4LU

**Family Service**

020 7118 4001  
shabana@barefootinstitute.com  
[www.barefootinstitute.com/befriending](http://www.barefootinstitute.com/befriending)

**Profile:**

Barefoot Institute and Family Lives are working in partnership to provide a befriending service to support separating or separated Muslim Couples. The service offers support to couples to work together in collaboration and agree a parenting plan. Our service is open to all residents of Waltham Forest. The 1:1 support will happen in the couples home or in a mutually agreed public meeting place.

If you would like to access the service please visit the website: [www.barefootinstitute.com/befriending](http://www.barefootinstitute.com/befriending) and complete the befriending form.

Also if you would like to volunteer and become a befriender please call: 020 7118 4001.

**Independent Parental Special Education Advice****Profile:**

IPSEA is a registered charity offering free and independent advice to parents of children with special educational needs in England and Wales.

**Family Service**

0800 018 4016  
[www.ipsea.org.uk](http://www.ipsea.org.uk)

**Newham Family Information Services**

1000 Dockside Road  
London  
E16 2QU

**Profile:**

We provide free information for parents and carers about childcare, training, jobs in childcare and other services for children aged 0-16.

**Family Service**

020 8430 2000  
[fis@newham.gov.uk](mailto:fis@newham.gov.uk)

**Newham Netmums****Profile:**

An online service for mums in Newham.

**Family Service**

[www.netmums.com/newham](http://www.netmums.com/newham)

## Newham Parent Partnership Service

The Web Building  
49 - 51 Broadway  
London  
E15 4BQ

Family Service

020 3373 2871

A local organisation offering advice on parenting issues.

## Real Life Parenting

140 Balaam Street  
London  
E13 8RD

Family Service

RLPNewham@live.co.uk

## Did you find what you wanted?

If you didn't find what you were looking for, phone the hotline or send an email.  
Either way, we will do our best to help you get that result.

 020 3866 2969

 [info@healthwatchnewham.co.uk](mailto:info@healthwatchnewham.co.uk)

### Disclaimer:

We endeavour to provide information that is accurate and up-to-date, however this cannot be guaranteed.  
In order to assist us, please report any errors.

