

Mental Health Services Directory

The Healthwatch Newham guide to local mental health services.

Issue Date: 23 March 2016



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This guide has been produced by Healthwatch Newham, as part of its free information service.

Get more online  www.healthwatchnewham.co.uk/onlinedirectory/ or call  020 3866 2969.

Care in Mind

Unit 4
2 Nelson Street
London
E16 2DS

Profile:

Registered Mental Health Charity that aims to raise the aspirations of local residents by providing support services to identify barriers to employment.

Mental Health Service

020 7055 0808
info@careinmind.org.uk
www.careinmind.org.uk

Child and Adolescent Mental Health Services (CAMHS)

Newham Child and Family Consultation Service - CFCS
York House
411 Barking Road
London
E13 8AL

Who are we?

The Child and Adolescent Mental Health Service (CAMHS) is staffed by teams of clinicians experienced in working with children, young people and their families.

Mental Health Service

020 7055 8400
[http://camhs.elft.nhs.uk/?dm_i=1TXQ,3CAX0,DPLWSR, BYBIH,1](http://camhs.elft.nhs.uk/?dm_i=1TXQ,3CAX0,DPLWSR,BYBIH,1)

Cygnets Hospital Beckton

23 Tunnan Leys
London
E6 6ZB

Mental Health Service

020 7511 2299
www.cygnethealth.co.uk

Find Get Give

47 Church Road
Hove
BN3 2BE

Mental Health Service

07557 855779
<http://findgetgive.com/>

Profile:

Find Get Give is a new site that provides 16-25 year olds with an accessible route to finding suitable mental health support services in Newham.

Young people can find out what local service are on offer and leave feedback about their service experience. By being able to access other people's feedback about the treatment and support they received, young people will be able to make more informed decisions about the service and know what to expect.

Even better, services get the feedback they need to adjust what they offer. Meaning that even with limited resources they'll be able to improve the support they give to young people.

Hestia - ASK

22 Deanery Road
London
E15 4LP

Mental Health Service

0208 221 2090
www.ask-newham.org

Profile:

ASK is a mental health user involvement service run by Hestia in Newham for adult mental health service users.

Independent Mental Capacity Advocacy (IMCA) Service

Stratford Advice Arcade
107-109 The Grove
London
E15 1HP

Mental Health Service

0300 330 5454
newham@voiceability.org
nhscomplaints@voiceability.org

Profile:

Supporting people with Learning Disabilities, Autism, Physical Disabilities, Long Term Conditions, Dementia, Sensory Impairments and Informal Carers.

Independent Mental Health Advocacy (IMHA)

IMHA Service, Cambridge House
1 Addington Square
London
SE5 0HF

Mental Health Service

020 7358 7007
imha@ch1889.org

Profile:

Amendments to the Mental Health Act 2007 has created a new Independent Advocacy service for ‘qualifying patients’. IMHAs are independent of the service providers and are trained to work within the framework of the Act.

INUF - The Independent Newham User Forum (Mental Health)

27 Romford Road
London
E15 4LJ

Mental Health Service

20 8534 2488
admin@inuf.org ; humaira-h@inuf.org ;
trevorj@inuf.org
www.inuf.org

Profile:

The Independent Newham Users Forum (INUF) is an independent user-led mental Health charity. Our goal is to support and assist our members on the long road to recovery. We provide a safe haven for all at Ithaca House and run various events and activities.

London Borough of Newham (Adult Mental Health Services)

Coburn Unit, Newham Centre for Mental Health
Glen Road
London
E13 8SP

Mental Health Service

020 7655 4000
www.eastlondon.nhs.uk

MIND in Tower Hamlets and Newham

Open House
13 Whitethorn St, Bow
London
E3 4DA

Mental Health Service

020 7510 1081
advocacy@mithn.org.uk
www.mithn.org.uk

Profile:

MIND in Tower Hamlets and Newham aims to support individuals who have experienced mental distress to reach their full potential. A range of services and activities for residents in mental distress are offered.

<p>Newham Talking Therapies</p> <p>Profile: Based at several locations across Newham.</p>	<p>Mental Health Service 020 8821 0821</p>
<p>Omega Community Living</p> <p>81 Croombs Road London E16 3RW</p> <p>Profile: Omega Community Living aim to provide support to people experiencing mental health illness and those that are going through rehabilitation.</p>	<p>Mental Health Service 020 4767876 or 07817641315 Gloria@OmegaCommunityLiving.org.uk www.omegacommunityliving.org.uk</p>
<p>Right Here</p> <p>Profile: Right Here is a five-year initiative jointly managed by the Paul Hamlyn Foundation and the Mental Health Foundation running from 2009 to 2014. It aims to develop new approaches to supporting the mental health and wellbeing of young people in Newham.</p>	<p>Mental Health Service www.right-here.org.uk/projects/newham</p>
<p>Saneline</p> <p>Profile: Out-of-hours telephone helpline offering practical information, crisis care and emotional support to anybody affected by mental health problems. Available from 12.00 pm to 2.00 am.</p>	<p>Mental Health Service 0845 767 8000</p>
<p>Vibrance</p> <p>Unit 2, Caxton Place Roden Street Ilford IG1 2AH</p> <p>Profile: We were established in 1989 to provide community housing to people leaving psychiatric hospitals in Redbridge. Over the last 24 years we have expanded and now provide a wide range of services to people with a disability not only in Redbridge but other London boroughs.</p>	<p>Mental Health Service 020 8477 1800 info@vibrance.org.uk www.vibrance.org.uk/</p>

Did you find what you wanted?

If you didn't find what you were looking for, phone the hotline or send an email.
Either way, we will do our best to help you get that result.

 020 3866 2969

 info@healthwatchnewham.co.uk

Disclaimer:

We endeavour to provide information that is accurate and up-to-date, however this cannot be guaranteed.
In order to assist us, please report any errors.

