

## Opticians Directory

The Healthwatch Newham guide to local optician services.

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This guide has been produced by Healthwatch Newham, as part of its free information service.

Get more online  [www.healthwatchnewham.co.uk/onlinedirectory/](http://www.healthwatchnewham.co.uk/onlinedirectory/) or call  020 3866 2969.

<p><b>APNA Eye Care</b>  5 St Stephens Parade  London  E7 8LG</p>	<p><b>Optician</b>  020 8472 0949</p>
<p><b>Asda Vision</b>  Asda Store  Asda Store  London  E6 4JP</p>	<p><b>Optician</b>  020 7476 4800</p>
<p><b>Boots Opticians (East Ham)</b>  114 High Street North  London  E6 2HT</p>	<p><b>Optician</b>  020 8472 3720</p>
<p><b>Boots Opticians (Stratford)</b>  36 The Broadway  London  E15 4QS</p>	<p><b>Optician</b>  020 8534 1122</p>
<p><b>D J P Opticians</b>  42 The Broadway  London  E15 4QS</p>	<p><b>Optician</b>  020 8522 1034</p>

**Elite Vision Ltd**

230 High Street North  
London  
E12 6SA

**Optician**

020 8471 2277

**Eye 2 Eye**

7 High Street South  
London  
E6 6EN

**Optician**

020 8471 2293

**Forest Gate Opticians**

94 Woodgrange Road  
London  
E7 0EW

**Optician**

020 8534 5170

**G S Ghattaura**

7 High Street North  
London  
E6 1JD

**Optician**

020 8470 1256

**J Cohen**

124 Barking Road  
London  
E16 1EN

**Optician**

020 7476 4951

<p><b>Lais Opticians</b>  622 Romford Road  London  E12 5AQ</p>	<p><b>Optician</b>  020 8478 1631</p>
<p><b>M Beg Opticians</b>  13 Plashet Grove  London  E6 1AD</p>	<p><b>Optician</b>  020 8472 8028</p>
<p><b>Neil Gordon (G S Ghattaura)</b>  428 Green Street  London  E13 9JJ</p>	<p><b>Optician</b>  020 8472 0593</p>
<p><b>Optical Express</b>  135 High Street North  London  E6 1HZ</p>	<p><b>Optician</b>  020 8552 5500</p>
<p><b>Optical World</b>  62 High Street North  London  E6 2HJ</p>	<p><b>Optician</b>  020 8586 0200</p>

<p><b>Optika Ltd</b>  314 Barking Road  London  E6 3BA</p>	<p><b>Optician</b>  020 7324 7520</p>
<p><b>Pradip Patel Ltd</b>  34 Woodgrange Road  London  E7 0QH</p>	<p><b>Optician</b>  020 8555 8834</p>
<p><b>Specsavers Opticians (East Ham)</b>  43 High Street North  London  E6 1HS</p>	<p><b>Optician</b>  020 8470 0800</p>
<p><b>Specsavers Opticians (Stratford)</b>  78 The Mall  London  E15 1XQ</p>	<p><b>Optician</b>  020 8221 1113</p>
<p><b>Spectacle Gallery</b>  42 The Broadway  London  E15 4QS</p>	<p><b>Optician</b>  020 8522 1034</p>

**Upton Park Eyecare**

Green Street  
London  
E13 9AP

**Optician**

020 8552 3001

**Vision Express**

37 Westfield Stratford City  
E20 1EH

**Optician**

020 8522 7336

**W J Bowyer (Ronald Brown Opticians)**

39 Balaam Street  
London  
E13 8EB

**Optician**

020 7476 9857

## Did you find what you wanted?

If you didn't find what you were looking for, phone the hotline or send an email.  
Either way, we will do our best to help you get that result.

 020 3866 2969

 [info@healthwatchnewham.co.uk](mailto:info@healthwatchnewham.co.uk)

**Disclaimer:**

We endeavour to provide information that is accurate and up-to-date, however this cannot be guaranteed.  
In order to assist us, please report any errors.

**Community Directory**



Pointing the way to better health  
and wellbeing.

Call Us!  
**020 3866 2969**