

	A	B	C	D	E	F	G
1	ORGANISATION	post code	tel no		ADDRESS	CONTACT DETAILS	Usual PROVISION Check first at this time
2	All Nations Church	e12	020 8518 4744	admin@allnationsrccg.org	Grantham Road, Manor Park, E12 6HT	admin@allnationsrccg.org . Church tel: 020 8518 4744	Provide food bank items, running Wednesdays 5-7pm .
3	Highway Vineyard Church	E12	07436319752	foodbank@highwayvineyard.org	77 Gainsborough Avenue E12 6JJ		Drop in for essential supplies Thursdays 9.30-11.30am. Donations accepted.
4	The Renewal Programme – RAM	e12	020 8471 6954	Humera.ali@renewalprogramme.org.uk	395 High St North, E12 6PG	Humera.ali@renewalprogramme.org.uk . 020 8471 6954	foodbank
5	Masjid Ibrahim	e13	07415 692744	info@masjidibrahim.co.uk	721-723 Barking Road, Upton Park E139EU		
6	Alternatives Trust East London	e13	020 7476 8215	simone.thomas@altel.org.uk .	63 Rowntree Clifford Close, E13 8AB	simone.thomas@altel.org.uk .	Bags of food for mums
7	Helping Hands	e13	020 7474 1122	sidiquekhan@hotmail.com	42 Balaam Street, E13 1BB	sidiquekhan@hotmail.com . 020 7474 1122	daily food
8	House of Faith Food Bank	e13	07455159848	helpinghands.uk@houseoffaith.org.uk	House of Faith Christian Centre, Elim Way, E13 0EH	Chidinma Paul-Imoh, 07455159848, helpinghands.uk@houseoffaith.org.uk	
9	Carpenters Café	e15	0208 522 0840	carpenterscafe@outlook.com	17 Doran Walk, E15 2JL	Tee Fabikun. carpenterscafe@outlook.com . 0208 522 0840	free meals
10	St Francis Friary / Church	e15	020 8534 1964	stratford@friar.org	The Grove, Stratford, E15	020 8534 1964; stratford@friar.org . Office open 9.30 - 12.30 & 1 - 2	daily food
11	St Paul's Stratford	e15	020 8 534 1164	rev.ivo.anderson@gmail.com	Maryland Rd Stratford E15 1JL	vicar at St Pauls rev.ivo.anderson@gmail.com . 020 8 534 1164	weekly foodbanks
12	TREM Church Heritage Hub	e15	020 8215 5000	enquiry@tremhub.org	96 Romford Road Stratford E15 4EG	enquiry@tremhub.org . 020 8215 5000	weekly hot food
13	CARITAS ANCHOR HOUSE	e16	020 7476 6062	07494750473	81 Barking Road, London E16 4HB	: 020 7476 6062 07494750473	
14	Community Links - foodbank	e16	0207 473 2270	Charlotte.Ogilvie@community-links.org	105 Barking Road, E16	0207 473 2270 Charlotte.Ogilvie@community-links.org	weekly foodbank
15	Garden Community Café	e16	020 7511 1755	gardencommunitycafe@gmail.com	7 Cundy rd, E16 3DJ	Hanna.Binley.gardencommunitycafe@gmail.com . 020 7511 1755	suspended food scheme
16	RDLAC	e16	0207 476 1666	info@rdlac.org.uk	Albert Road North Woolwich, London E16, 2JB		
17	St Fidelis Friary	e16	020 7474 0766		Killip Close, E161LX		hot food twice weekly
18	BDCA The Well - Donations	e6	0208 586 7070	info@bonnydowns.org	The Well Community Centre, 49 Vicarage Lane E6 6DQ	emergency donation/distribution centre at The Well is open 10-2pm on Tuesdays and Thursdays	
19	Bonny Downs Church food bank	e6	020 85867070.	info@bonnydowns.org	darwell close, off flanders road, E6		open weds 11-2
20	East Ham Baptist Church	e6	07956 414 922	antoinette.french@easthambaptist.org		antoinette.french@easthambaptist.org . 07956 414 922	monthly hot meals
21	Emmanuel Church	e7	020 8522 1900	<a href="mailto:Chigor.Chike<chigor.chike@sky.com>">Chigor.Chike<chigor.chike@sky.com>	Romford Road , E7 8BD	<a href="mailto:Chigor.Chike<chigor.chike@sky.com>">Chigor.Chike<chigor.chike@sky.com> ; abel-samuels@hotmail.com .020 8522 1900 (Parish Office) or 07905	weekly breakfast club
22	Magpie Project	e7	07561180825	Jane.Williams@themagpieproject.org	Magpie Close, E7 9DF	Jane.Williams@themagpieproject.org . 07561180825	meals and home delivery packs
23	Woodgrange Baptist Church	e7	020 8555 9880	minister@woodgrangebaptist.org.uk	345 Romford Road E7 8AA		
24	Trussell Trust		Enter your postcode	trusselltrust.org/get-help/find-a-foodbank			
25							
26	Updated 5 May						