


Transforming Services Together

A photograph of a newborn baby lying in a white hospital bed. A hand is visible near the baby's head, possibly holding the baby's hand. The baby is looking towards the camera.

Help us improve maternity care in north east London

Currently, most women receive their maternity care in hospital, and often give birth in an obstetric unit (led by doctors, rather than midwives.) This is because the way maternity care is currently organised does not deliver real choice in relation to place of birth. We know more 'low-risk' women could give birth at home, or in midwifery-led units such as birthing centres. We also know that care for women during pregnancy, birth and post-pregnancy could be more consistent to get the best outcomes for women and babies. Midwives, obstetricians and GPs agree change is required.

We have developed a new way of delivering maternity care and now need your help in testing and strengthening our ideas. If you live in north east London* and are pregnant or have given birth within (approximately) the last year, we invite you to share your experiences at our workshop:

Stratford, Wednesday 3 June 2015, 1pm – 3pm

You will receive refreshments and payment for your time. You are welcome to bring your baby. There will be a private area for breastfeeding, should you need it.

For more information, or to book a place please call **0203 688 2621** or email **transformingservicestogether@nelcsu.nhs.uk**

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*Barking & Dagenham, City of London, Hackney, Havering, Newham, Redbridge, Tower Hamlets, Waltham Forest

Find out more about the Transforming Services Together programme at **www.transformingservices.org.uk** or get in touch using the contact details above.